

DO YOU OR SOMEONE YOU KNOW STRUGGLE WITH **DRUG ADDICTION** OR **SUBSTANCE ABUSE**?

DRUG ADDICTION

Nearly **one** person
dies from a drug
overdose **every day** in
New Hampshire.

Confidential

24 Hours a Day

Call the NH Statewide
Addiction Crisis Line:

1-844-711-HELP



AND

Call the NHIT Employee
Assistance Program (EAP):

1-855-853-1528



SUBSTANCE ABUSE

Judgement Free

7 Days a Week

Each year, about **5,000**
people under the age of
21 **die** as a result of
underage drinking.

