



# REC NEWS

Issue 53

May / June 2018

## INFORMATION

Registration forms and payments for all of our trips, sports, programs & events **must** be dropped off to our office at:

10 Holland Street  
or mailed to:

PO Box 411  
Moultonborough NH 03254

There is a gray drop box outside the office, where registrations & payments can be placed at any time. It is checked daily. **Please do NOT send payments or forms to MCS with your child.** Thank you!

If you have questions or suggestions, please call the office **476-8868** or visit our website at:  
[www.moultonboroughnh.gov](http://www.moultonboroughnh.gov)

Moultonborough Recreation office is located at:  
10 Holland St.,  
Moultonborough, NH  
603/476-8868

Office hours:  
Monday-Thursday:  
8:00am - 4:00 pm  
Friday: Hours vary  
Please call ahead



**Our Summer Brochure is available online and in the Recreation Office!  
Check out all the great activities & programs we have scheduled for all ages!**

**SUMMER IS RIGHT AROUND THE CORNER!  
Hot & Happy, Happy Campers, REcking Crew, Teen Adventure, Swim lessons, Tennis lessons & other summer program registrations are now being accepted!  
Be sure to check out our brochure for our full day, extended day, & session options for day camp– all new this year!  
“Meet & Greet”: June 20, 6:00pm at MCS**

Submit registrations at the Recreation office, or by mail before the registration deadline of June 20.

## Announcing: Summer Family Fun Events

(Details for the following are in the Summer Brochure and on our website)

**Summer Concert Series:** Wednesdays- 6:30pm (excluding July 4)  
Gazebo at Moultonborough Function Hall (Lion's Club)

**July 4th Parade & BBQ:** 11:00am

(Parade begins at Blake Rd, end at Function Hall for BBQ)

**July 4th Fireworks** at dusk at Center Harbor Beach

**Family Fun Day:** Saturday, August 11, 11:00am-2:00pm

(in The Meadows, at Castle in the Clouds)

**Musical Theater Performances:** *The Sword Called Excalibur:* Aug 17

(1:00pm and 6:00pm at Moultonborough Community Auditorium)

## Granite State Track & Field

**Tuesdays and Thursdays beginning May 22**

at the MA track 2:50-4:15pm

Boys & Girls age 9-14 as of December 31, 2018

(The coach will meet track participants at MCS Walkers & Pickups and walk over to the track together.)

**\$15 registration fee. Pre-registration is required .**



## MLB Pitch, Hit & Run

Presented by Scotts

Saturday, May 16<sup>th</sup> at 5:00pm at MCS



Compete in the FREE local competition of the national MLB Pitch, Hit & Run program! The event is for both boys and girls ages 7-14 as of July 17<sup>th</sup>, 2018. During the competition participants will rotate through 3 stations (6 Pitches at a target, Running from 2<sup>nd</sup> base to home and Hitting 3 balls off a Tee). Local finalists in all events will be eligible to compete in the sectional competition in Manchester, NH on Saturday, May 13<sup>th</sup> for a chance to move onto FENWAY.

**NOTE: Each Participant must have an adult present and a completed registration form.**

Questions? Call 476-8868

## SAVE THE DATE!

May 5	T-Ball / Softball Opening Day
May 5	State's Landing Neighborhood Clean Up
May 12	Women's Wellness Fair
May 16	MLB Pitch, Hit & Run local competition
May 18-19	Volunteers needed for Playground Build
May 22	Granite State Track begins
May 29	Outdoor Pickleball Session 1 begins
June 16	Granite State Track "District Meet"
June 20	Summer Day Camp registration deadline
June 20	Camp "Meet & Greet"
June 25	First day of Summer Camps!
June 26	Fitness with a Difference begins
June 27	Summer Concert Series begins

## CALLING ALL CAMPERS!!

### Summer Camp Meet & Greet

Wednesday, June 20  
6:00-7:00pm @ MCS

MRD invites all campers registered for Happy Campers, RECKing Crew, Teen Adventure and Hot & Happy to our annual Meet & Greet.

Meet your counselors and fellow campers, pick up your camp T shirt and calendar. Popcorn & lemonade will be provided.

**We'll see you there!**

### TEEN ADVENTURE KICK OFF BBQ

Teen Adventure participants are encouraged to come to our Kick Off BBQ.

Monday July 2, 12:30pm  
@ Kraine Meadow Park

Catch up with your summer pals, and get details on all the trips!

"Combo kids" may stay thru after RECKing Crew, MRD will transport them from MCS to the Park.

### Clean Up & Green Up Day

Neighborhood Clean Up and BBQ at States Landing Beach.  
Saturday May 5 10:00am – 12:00pm

The Town continues to work on State's Landing project - Beach, Park, Launch & Parking. We hope to keep the wonderful momentum of the area going. Join us if you can, and if you have them, please bring work gloves, garden & lawn rakes, pointed & flat shovels, loppers and a folding chair for the "Chat & Chew" lunch/discussion portion of the day.

Please RSVP to Alison Kepple if you plan to attend at: [akepple@moultonboroughnh.gov](mailto:akepple@moultonboroughnh.gov). Rain date: Sat., May 20



May 18 & 19 8:00am-5:00pm Kraine Meadow Park

MRD is seeking volunteers to help with the assembly and installation of the new play equipment at Kraine Meadow Park. If you are able & willing to lend a hand, either or both days, please let us know. All tools will be provided- just bring yourself & maybe a friend! We are looking for 15-20 people each day, & lunch is on us. Call the Recreation Office for details.

### Wise & Wonderful Women's Wellness Fair

Saturday, May 12, 9:00am-1:00pm  
At the Meredith Community Center

MRD, in partnership with, Lakes Region Visiting Nurse Assoc. and Meredith Parks & Recreation, has brought together several vendors for a "not so typical" wellness fair for women of all ages. Join us for demonstrations and informational sessions on various topics throughout the day. Door prizes, lights refreshments, & more! Bring a friend, bring your daughter, and enjoy a day of inspiration. FREE!



### Fitness with a Difference

with ACE Certified Trainer: Rebecca Curvey

Tuesdays and Thursdays June 26 thru Sept 20  
9:00am @ Moultonborough Recreation

\$12 per class (drop in) Or \$48 punch card (good for 5 classes)

Using a combination of postures inspired by Ballet, Yoga, & Pilates, focus on small ranges of motion & high rep movements to increase flexibility, reduce stress and assist in weight loss. Light handheld weights and mats will be provided. Major benefits also include improved posture and muscle definition as well as improved balance and stability.

**This class is great for any fitness level, as it is not high impact.**

So, if you want to learn new exercises & have fun doing it, please join us!  
Register early, class size is limited!  
Pre-registration required



### Summer Swimming Tips: Prepare Now!

Always swim with a friend

Always watch children in your care at the beach & pool

Sign your children up for swim lessons

Learn CPR from a certified instructor – It's life saving!